

SALA hospitality group is committed to healthy & sustainable living. These protein-packed breakfast dishes will energize your body for the day ahead

Full English	295
Choice of eggs; scramble, omelet, fried eggs, poached eggs or boiled eggs	
Locally sourced mushrooms – chicken sausage & pork sausage – tomato – hash brown – baked beans	
Smoked Salmon Eggs Benedict	305
Poached eggs – organic baby spinach – fluffy Hollandaise	
Eggs Florentine	305
Sustainable country ham – whole wheat muffins – herb tomatoes - fluffy Hollandaise	
French Toast	295
Wholegrain bread – powdered sugar – fresh berries	
Messy Breakfast	305
Bacon – hash browns – baked bean – poached egg – cherry tomatoes	
Shrimp Nachos	305
Crisp tortillas – locally sourced avocado relish – tomato salsa	
Chao Phraya Jok Moo or Gai or Goong	275
Jasmine rice porridge – soft egg – ginger – spring onion	
Chao Phraya Boiled Rice Moo or Gai or Goong	275
Wok fried kale - crispy fish salad – salted duck egg	
Thai Wok Omelet with Crab Meat	275
Steamed jasmine rice - wok fried kale	
Kuay Tiew Nam Ayutthaya Moo or Gai or Goong	275
Rice noodle soup – dehydrated garlic – bean sprouts	
Grilled Pork Skewers	275
Marinated pork – spicy tamarind sauce – sticky rice	
Kaikata	245
Chinese chicken sausage – eggs – spring onion – Vietnamese chicken sausage	
Assorted Chinese Dim Sum	295
Shrimp, pork dim sum, custard cream - red pork bun	
Japanese Bento Set	305
Choice of chicken Teriyaki or grilled salmon – miso soup – pickles – Japanese salad	



BREAKFAST

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Gluten Free Pancakes	285
Locally grown banana – fresh organic berries – natural honey	
Wholewheat Toast	285
Peanut butter – mango – chia seeds	
Muesli Yoghurt	295
Banana – mango – fresh yoghurt	
Smoothie Bowl	295
Exotic fruits – fresh berries – toasted pumpkin seeds – mango & strawberry yoghurt	
Eggs White Frittata	295
Egg white – cheese - cherry tomatoes – carrot - capsicum - spring onion	